

Two courses  
**£20**  
£15 for Under 12s

## FARMHOUSE FEASTS

11.30AM-4PM EACH DAY - NO NEED TO BOOK  
Relax in the farmhouse and enjoy two delicious courses created by River Cottage Head Chef, Andy Tyrrell.

### SATURDAY MENU

#### Starters

Roasted baby beets, River Cottage soft boiled egg, anchovy, chives, kitchen garden radish

or

Celeriac and parsley soup, crispy lentils

#### Mains

Slow-roasted shoulder of River Cottage hogget, new season onion purée, grilled gem lettuce, spring onions, mint

or

Roast spiced cauliflower, split pea purée, crispy kale, green herb yoghurt & seedy dukka

### SUNDAY MENU

#### Starters

New season's onion soup, onion top salsa, garlic croutons

or

Goat's curd, roasted rhubarb, pumpkin seeds, kitchen garden leaves & honey dressing

#### Mains

Roast River Cottage hogget, spiced cauliflower purée, herby roast potatoes, chard & mint yoghurt

or

Roasted new potatoes and baby carrots with lemon and spring onions, BBQ'd little gem, River Cottage poached egg & green sauce

# River Cottage FOOD FAIR

26-27 MAY 2018



FOOD

FOR

THOUGHT

Receive 10% off in our Axminster Kitchen & Deli this weekend only, with this guide.

9AM-9PM SATURDAY AND SUNDAY, 9AM-5PM ON MONDAY

**10% DISCOUNT**

### THINGS TO SEE & DO

- 1 Workshop Row: Willow Weaving, The Art of the Natural Home, East Devon Beekeepers candle making, The Forge blacksmithing, FFolk Ffelt, Wild Fizz Kombucha, Amazing Scene Machine, Solar & Food Dyeing
- 2 Face painting
- 3 **FREE** Sheepdog & duck display and sheep shearing
- 4 **FREE** Traditional games area
- 5 **FREE** Rainbow Gecko giant bubble blowing
- 6 **FREE** Farm tours with Farmer Dan & Roly
- 7 **FREE** Farm animal area - come and say hello!
- 8 Coppice & green wood working
- 9 **FREE** Wildways Bushcraft
- 10 **FREE** Coombe Farm Organic kid's burger making and Little Cooks Co kid's cooking
- 11 **FREE** Play Art
- 12 Munchkins Miniature Shetland Ponies & more animals
- 13 **FREE** Tours: Foraging Tours with John Wright, Garden Tours with Adam, From Rock to Radishes - Geology walk with Eddie Bailey
- 14 **FREE** Riverford Worm Dig
- 15 Stompin' Dave 🎵

## HUGH'S BOOK SIGNING

Hugh will be signing books in the Barn where the full range of River Cottage books will be on sale.

11.30am & 2.00pm Saturday, 1.45pm Sunday





## SATURDAY

### MEADOW STAGE

**10.30am BRITAIN'S FAT FIGHT**  
A discussion with Hugh Fearnley-Whittingstall, Tom Kerridge, Alison Corfield and Dan Parker.

**11.30am REN BEHAN**  
British-Polish food writer, author of 'Wild Honey and Rye'.

**12.30pm TOM KERRIDGE**  
Multi-award winning chef, TV personality and best-selling author.

**1.30pm JOHN WRIGHT**  
River Cottage foraging guru.

**2.30pm ANNA JONES**  
Cook, writer and stylist, the voice of modern vegetarian cooking.

**3.30pm GEORGE MONBIOT - INTRODUCED BY HUGH FEARNLEY-WHITTINGSTALL**  
Environmental investigative journalist, long-standing *Guardian* columnist and author.

### FOOD FOR THOUGHT STAGE

**12.00pm PHILIP LYMBERY** debut talk: **The moral maze of milk**  
Philip is CEO of Compassion in World Farming and author of 'Farmageddon' and 'Where the Wild Things Were'.

**1.00pm RUDE HEALTH RUDE RANTS**  
Ranters include: Tom Hunt; Rebecca Sullivan; Katie Venner; Dan Powell and Will Livingstone.

**2.00pm CLARE MCDERMOTT**  
Business Development Director for the Soil Association, the UK's leading certifier of organic food and drink.

**3.00pm NICK BARNARD**  
Co-founder of Rude Health, renowned for its innovative, delicious and nourishing foods and drinks.

**4.00pm WILL LIVINGSTONE**  
Head Gardener at River Cottage.

### THE FIRE PIT

New cooking demo area with chefs cooking over flames

**11.00am GILL MELLER**  
Chef, food writer and stylist. Author of award-winning 'Gather'.

**11.45am BEN WHITE**  
Manager of Coombe Farm Organic, an award-winning box scheme.

**12.30pm JAMES WHETLOR**  
Founder of award-winning business, Cabrito Goat Meat. Author of 'Goat'.

**2.00pm TOM HUNT**  
Acclaimed eco-chef, author and sustainable food expert.

**2.45pm BEN WHITE**  
Manager of Coombe Farm Organic, an award-winning box scheme.

**3.30pm GILL MELLER**

### TOM CAULFIELD STAGE

11.30am  
**GRACE GILLAN & JAKE MILLER**

1.15pm  
**THE MIGHTY BILLS**

3.00pm  
**THE PICKWICKS**

## SUNDAY

### MEADOW STAGE

**10.30am GELF ALDERSON - INTRODUCED BY HUGH**  
River Cottage Group Head Chef.

**11.30am ALEX HELY-HUTCHINSON**  
Founder of 26 Grains, a grain-based cafe and author of cookbook, '26 Grains'.

**12.30pm ORGANIC TO THE CORE - HUGH TALKS TO GUY & GEETIE SINGH-WATSON**

Founders of Riverford Organic Farmers and Riverford at The Duke of Cambridge organic pub.

**1.30pm JOHN WRIGHT**  
River Cottage foraging guru.

**2.30pm MELISSA HEMSLEY**  
One half of Hemsley + Hemsley, author of 'Eat Happy'.

**3.30pm MEERA SODHA**  
Author of award-winning 'Fresh India' and 'Made in India' and *The Guardian's* The New Vegan columnist.

### FOOD FOR THOUGHT STAGE

**12.00pm WHY SMALL FARMS MATTER** A discussion between River Cottage Farm Manager Dan Powell and Organic Farmers Ellen Simon and Rebecca Laughton.

**1.00pm REBECCA SULLIVAN**  
Author of 'The Art of the Natural Home' and Founder of The Granny Skills movement.

**2.00pm WILL LIVINGSTONE**  
Head Gardener at River Cottage.

**3.00pm BITE-SIZED FOOD TALKS**  
Some of Exeter University's finest food thinkers will be conversing on the latest food-focused research from the University.

### THE FIRE PIT

New cooking demo area with chefs cooking over flames

**11.00am GILL MELLER**  
Chef, food writer and stylist. Author of award-winning 'Gather'.

**11.45am BEN WHITE**  
Manager of Coombe Farm Organic, an award-winning box scheme.

**12.30pm ROSS GEACH**  
Former head chef at Rick Stein's, now founder of Padstow Kitchen Garden.

**2.00pm RACHEL DE THAMPLE**  
Author, chef, writer and River Cottage cookery tutor.

**2.45pm BEN WHITE**  
Manager of Coombe Farm Organic, an award-winning box scheme.

**3.30pm NICK WESTON**  
Founder of Hunter Gather Cook, a foraging & cookery school which specializes in game butchery and fire cookery.

### TOM CAULFIELD STAGE

11.30am  
**GEORGE HALL & OWEN LISTER**

1.15pm  
**THE ROYAL T'S**

3.00pm  
**JACK & BENNY**

## ALL WEEKEND

PLAY ART BLACKSMITHING WORKSHOPS GAMES AREA  
FACE PAINTING RAINBOW GECKO GIANT BUBBLES  
FFOLKY FFELT WILD FIZZ KOMBUCHA WORKSHOPS  
AMAZING SCENE MACHINE SOLAR & FOOD DYEING  
WINDRUSH WILLOW WEAVING BUSHCRAFT THE ART OF THE  
NATURAL HOME WORKSHOPS CANDLE MAKING WITH EAST  
DEVON BEEKEEPERS

### IN THE FERMENTATION STATION

Healthy Homebrews workshops with Rachel de Thample  
Midday & 3pm daily  
Veg Ferments workshop with Tiffany Jesse  
10.30am & 1.30pm daily

## FREE ACTIVITIES

Sheepdog & duck herding displays  
11am, 1pm, 3pm daily  
Shearing demonstrations  
Midday, 2pm, 4pm daily  
Farm tours with Dan & Roly  
11.30am, 1.30pm & 4pm daily  
Garden tours with Adam  
10.30am, 12.30pm & 3pm daily  
Foraging tours with John Wright - Find edible delights in the most unexpected places  
10.30am & 2.30pm daily  
From Rock to Radishes - Discover the geological history of River Cottage HQ and learn why the food grown here is so good for you  
11.30am daily  
Coombe Farm Organic - Kid's burger making  
1.15pm & 4.15pm daily  
Little Cooks Co - Kid's cooking workshops  
11am & 3.15pm daily

### A DATE FOR YOUR DIARY

**River Cottage FESTIVAL**

25-26 August 2018

Book online at [rivercottage.net](http://rivercottage.net) or pop in and see us in the Barn Shop.

This Food Fair is in partnership with



Special thanks to our friends